

The Complete Guide to Drug and Alcohol Intervention

What is an Intervention?

An intervention is a planned meeting where friends and family members try to convince a loved one to seek professional help.

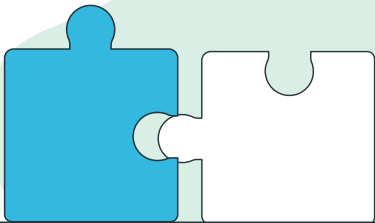


What is the Goal of Drug and Alcohol Interventions?

The goal is usually to get your loved one into addiction treatment and to stop using substances.



What are Examples of Substance Abuse Interventions?



When to Intervene for a Loved One

It is time to intervene for a loved one when their substance abuse is:
Threatening their own, or someone else's life, health, and wellbeing.



1. Johnson Intervention Model
2. ARISE Intervention Model
3. Family Systemic Intervention Model
4. 7-Stage Crisis Intervention Model

Why Is An Early Intervention Essential?

Early intervention can prevent drug-related damage to your body such as brain, heart, and lung damage.



Perceptions of Intervention

The media and the public at large often have false perceptions about how drug and alcohol addiction interventions are conducted.



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