

What Are Intervention Models?

Johnson Intervention Model

The Johnson Intervention model focuses on planned confrontation with the goal of getting the **SUD** target into treatment.
SUD = Substance Use Disorder

First Meeting

A primary caregiver works with a therapist to assess which loved ones should be involved in the intervention.



Second Meeting

The caregiver and loved ones will discuss the dangers of enabling, the intervention strategy and associated goals.

Third Meeting

The network of caregivers and loved ones confront the recipient of the intervention, usually with a therapist present.



ARISE Intervention Model

The ARISE method is a family-based intervention that marks itself with a respectful, coercion-free approach that comes from a place of love.



Level 1: The First Call

The process starts when a concerned family member receives phone coaching with the end goal of your loved one attending the first meeting

Level 2: Strength in Numbers

During and between meetings, the Intervention Network acts as one, so everyone interacts with the subject of the intervention together.



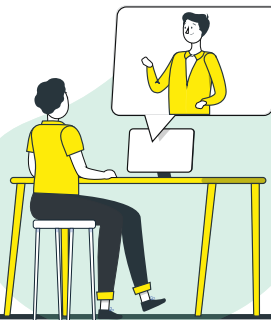
Level 3: Formal ARISE

It's rare for a person with SUD to need level 3 of ARISE, but if necessary, it's very effective!

Family Systemic Intervention Model

Family Involvement

Every conversation involves the family and the target, so everyone gets a chance to speak.



Weekly Meetings

Family Systemic Intervention can last for months with meetings every week.

Positive Encouragement

Meetings both giving and receiving positive encouragement and emotional support.



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